

Frank's Smoked Trout Pasta

1 med onion finely chopped
3 cloves of garlic crushed
8 button mushrooms sliced
Italian herbs to taste
pinch of mustard powder
knob of butter
tub of pure cream
1 Buxton smoked trout
bunch of fresh parsley to garnish
spaghetti
serves two



Cook onion, garlic and mushrooms in butter until tender. Then add the pure cream, mustard powder and herbs and reduce slightly, break the smoked trout up and stir through the sauce to gently warm.
Serve spooned over freshly cooked spaghetti and garnish with finely chopped fresh parsley . Enjoy!

